



# Career Counseling

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DR. ELSIDA SINAJ

The Organisation for Economic Co-operation and Development defines career counseling as "services and activities designed and implemented to help individuals of any age, at any time in their lives to make the right choices for employment, training, and education to manage their careers well."

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DECISIONS MUST BE INFORMED AND WEIGHTED.

At UET career counseling is divided into:

- High School Tour / UET Tour
- Consultation before registration
- Modules on personal career development in auditory
- Job fair
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**Career counseling services should have as guiding principles:**

Supporting young people in the process of growth and self-recognition and creating opportunities for young people to exploit their knowledge for the benefit of their future

development;

To encourage young people to expand their horizons to be active citizens;

Supporting young people by strengthening decision-making and problem-solving skills;

Supporting young people to understand the labor market, opportunities, risks, and challenges

## TOUR GYMNASIUM

The development and implementation of recruitment campaigns with general and vocational high schools in various cities of Albania and abroad.

- In this context, a working group from the European University of Tirana periodically holds meetings with high school students throughout Albania.
- Tour runs for 3 months March-May .
- “The working group conducts 'Career Advisory' meetings in Albania and Kosovo.

*The working group consists:*

*Dean of students;*

*Admissions Office;*

*Public Relations Office;*

*Pedagogues*

*Excellent students*

# UET TOUR

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- I. During the recruitment campaign, principals and high school students are invited to visit UET facilities and get to know the institution
- II. They observe university environments, offices, classrooms, libraries, etc.
- III. Students were able to attend part of lectures developed by pedagogues at UET, to speak informal conversations with UET students, so that they could feel part of a customary university day at the UET.
- IV. Students take an open reading hour with the Dean of Students, which enables them to have a question-and-answer session on any area they have an interest in.

# Job Fair

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- It is organized every academic year and brings together business companies and UET students within an information exchange session and sustainable and serious employment ideas.

## **Consultation before registration (UNIVERSITY)**

- The process of pedagogical counseling for students –takes place mainly from the end of Jylu to the beginning of October.
- Students receive general information on faculties, study programs, student life, various activities that take place during the academic year, or even tariffs and payment modalities.
- They are known in detail with subjects that make up a specific program even with the content of each subject.
- Direct contact with professors and the rest of the UET staff that is not included during the Tour High School has another positive impact on students
- Parents have an important place in this choice, even as such presentation/mediation or maturing network – parents – professor – administrative staff is unreplaceable.
- A basic date is also created, which is more complete and accurate since each students that becomes part of the process is also identified with the specifics it presents.

# Accurate and detailed information is the basis of career development services

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The existing experiences of Western countries with a high socioeconomic level and a well-regulated job market give us the following lessons:

- career counseling motivates individuals
- career development is a personal responsibility
- career development is a continuous process and requires flexibility and adaptability
- Career development requires different skills and tools at different times in life.

**Family and community-** *The choice of work has traditionally been influenced by parents and family. The fundamental value is to obey the family.*

**Institucionet arsimore** - Outside the family, schools are the first institutions that can be mobilized in terms of the career world. Currently, career counseling is integrated entirely into the curriculum of secondary education, as well as specific topics also develop in subjects such as Skills for Life, or Civic Education.

**School psychologist** - *is seen as the most suitable professional to start personal communication with students for career counseling.*



# CAREER BUILDING GUIDING PRINCIPLES

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## ***The change is constant:***

- Consequently, it is the task of the advisor to inform the young person that it is necessary to have a flexible approach to the future career.
- The young person must understand that he cannot/should make a big decision alone, but that making decisions will be a continuous and dynamic process.
- Young people need to understand that decisions need to be made inately, weighing up the negative and affirmative sides.

## ***Learning is constant:***

For a counselor it is necessary to "teach young people how to learn".

Constant learning means that the individual constantly learns and forms for new methods that are created, but also to be prepared to create and respond with intuition.

## ***The heart must be heard:***

It is very important to understand what our values are, what are our desires, our greatest dreams.

A good career advisor should make the young man understand this essential thing.

A good counselor should help and teach young people to trust themselves.

We need to raise awareness and teach young people to estimate risk and have courage to take it over.

***Travel is the most important:***

As a counselor, we must make it clear to young people that travel and not arrival should be our main concern.

- Young people must create a broad vision for the future, the vision must show a direction, but not specific.
- They must understand that life often requires you to meet rapid needs – exam-giving, taking a temporary course, rent payment, etc.
- So young people should think of developing their careers as a path from one job to another, jobs that meet fast and long-term needs.

***The allies help:***

A successful advisor should make young people understand that "you just don't care". In every aspect of life, every step of the career we need the help and support of others.

Young people should ask you for support from people they trust – parents, friends, co-workers, former superiors, or former employers.

All of these bring together the fact that they love us, and have the opportunity to help them make decisions and realize goals.

THANK YOU!